

# Dissemination report

June 2022 - August 2022



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## Project information:

<b>Contract Number</b>	2020-1-PL01-KA203-082292
<b>Title of Contract</b>	Smart learning for gait physiotherapy – a standardized tool for health higher education in Europe
<b>Acronym</b>	SMARTtherapy+
<b>Consortium</b>	Silesian University of Technology, Poland Fondazione Politecnico di Milano, Italy Universitat zu Lubeck, Germany Jerzy Kukuczka Academy of Physical Education in Katowice, Poland
<b>Website</b>	smartertherapyplus.eu

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## 1. Introduction

According to the dissemination plan, activities related to the third dissemination took place between June 2022 and August 2022. The dissemination activities concerted in two areas through:

- website and social media
- popular science events taking place in the countries of the project consortium members.


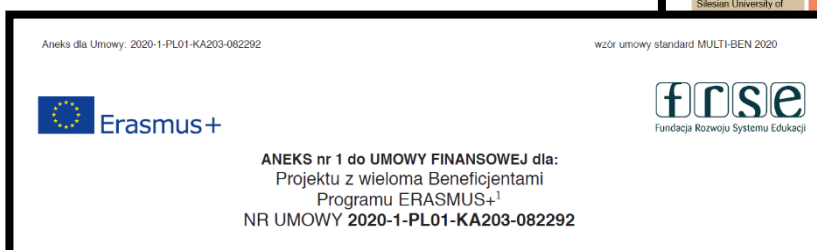
## 2. Project visibility activities

### 2.1 SMARTtherapy+ website

The website is continually updated and updated on the progress of the project.

Extension of the project deadline by 9 months by decision of the National Agency, Foundation for the Development of the Education System (FRSE) - National Agency for the ERASMUS+ programme with its seat in Warsaw.

The new project finish date is 31.10.2023.

The main project website is available at:

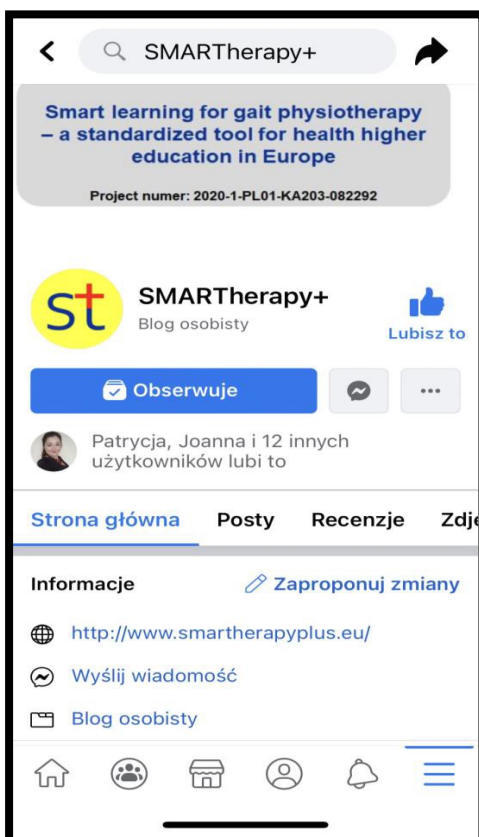
<https://smartertherapyplus.eu/>.

### 3. Dissemination activities

#### 3.1 SMARTer Therapy+ in Social media and Internet

Social media is an indispensable form of information sharing and promotional activities allowing to reach a wide audience. For this reason, social media has been adopted as one of the ways to share information and promote the SMARTer Therapy+ project.

FACEBOOK: A dedicated channel for the SMARTer Therapy+ project has been created on Facebook.



During the period June - August 2022, **FPM** has disseminated all relevant information about the project and its activities by leveraging its existing communication channels, potentially reaching a wide variety of targets such as companies and enterprises, professionals, university academics and students, public administration, and universities/research institutions at national and international level. These communication activities have been planned to regularly inform potentially interested professionals about the existence of the Project and the strategic partnership, the main project objectives, and the activities that are being carried out during the considered period.

The following table recaps the main channels that have been used during the period and provides an estimation of the potential number of contacts achieved.

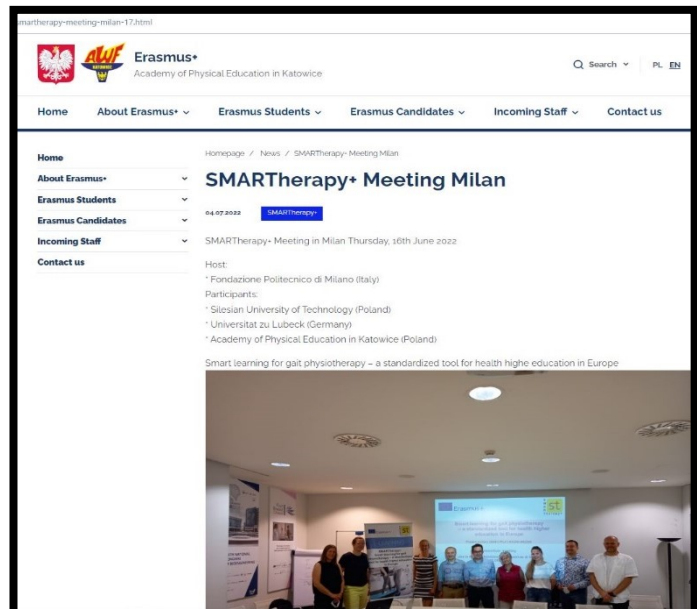
In this period, the dissemination actions aimed:

- to keep updated potential contacts about Project activities;
- to communicate the ongoing activities of the Project and
- to provide visibility to the Project website <https://smarterapyplus.eu/>.

Communication channel	Account name	Target						# ( <i>approximatly</i> )
		Companies and Enterprises, start-ups	Public Administrations	Universities	Professionals	Students	Associations	
Website	fondazionepolitecnico.it	✓	✓	✓	✓	✓	✓	60-80k views yearly
Social Media: Facebook	fondazione.politecnico.di.milano	✓	✓			✓	✓	4.000 followers
Social Media: Twitter	@FondaPolimi	✓	✓		✓		✓	2.100 followers
Direct mail	mail				✓		✓	1

The main dissemination activities were carried out in conjunction with the 3rd main project meeting, which was held in Milan on 16<sup>th</sup> June. In this opportunity, FPM hosted the interim Transnational Project meeting at its premises, and project partners from SUT (1 member), AWF (2 members), and UZL (3 members) joined the meeting. Considering 3 members from FPM, a total of 9 experts took part in the meeting. After two years of pandemic, it was the first presence event in which there were real moments of confrontation and dissemination since also people attending FPM were able to be informed about the project and share convivial moments with the members of the partnership.

During the meeting, a colourful roll-up specially made with information about the project was exhibited in the main building of Politecnico (the main polytechnical university of Italy), to illustrate SMARTtherapy+ project to interested people. The main outcome of the meeting was disseminated by FPM through the institutional social media as detailed in the following.



### 3.2 Scientific Events

- **SMARTtherapy+ meeting report 3**

A Midterm Meeting of the SMARTtherapy+ project Partners was held on 16.06.2022 from 9.00am to 1pm personally at Fondazione Politecnico di Milano FPM (Milano, Italy). The meeting was attended by 8 participants representing all project Partners.

FPM as the Host of the meeting, welcomed all participants and SUT as project leader presented the agenda. The course of the meeting with discussion and conclusions was as follows:

- a representative of each Partner presented and discussed activities in the area of dissemination field for the period of December 2021 – May 2022, as well as ongoing and planned activities in this area. Joanna Bartnicka thanked all partners for their work and encouraged them to further activities. She also described visit of SUT in the Health Clinic „Pod Tężniami” im. Jana Pawła II – medical services cooperative in Ciechocinek (Poland). The aim of the visit was to gain research materials for preparing training contents and to get a cooperation partner in the area of project promotion.
- UzL reported Multiplier Event 2. It should be highlighted that within the ME2 specialists in physiotherapy were the speakers. The Partners agreed that this fact reflected two kinds of project impact: 1) project content can greatly and positively affect the audience (especially the future physiotherapists) because of engagement of various experts who, by their presence, confirmed the importance of the project outcomes for modern physiotherapy; 2) project can have impact on the physiotherapy community and the institutions represented by the invited speakers.
- AWF presented the report of Questionnaire 3. The evaluation period was 1st December 2021 to 31st May 2022 . The Partners agreed that it is not possible to evaluate tasks that have just started. For this reason the decision was made to cancel that tasks. They are following 2.6, 2.7, 3.1. Additionally it was proposed to change the schedule moving tasks 2.7 and 3.1 to next month. (It occurred, after next financial report, that it is not possible because AWF reported activities and budget connected to these tasks).
- Each partner presented progression of training content. SUT reminded about open drive available for all the Partners and asked to collect the materials



inside. The partners agreed that this way is helpful and makes it possible to study training materials prepared by different Partners, to avoid creation of the similar content or just help each other in preparing the training. It is especially important when one unit is prepared by two partners.

Particularly, the discussion was about using and processing the video materials including case studies inside SMARTtherapy+ tool. SUT has obliged to create a form of a table in order to complete data about list of planned case studies (already done or not yet done), and start and end time for preparing slow video. AWF will complete the table and send to FPM that will help preparing slow videos.

UzL proposed to prepare short intro to each video material in order to make a student familiar with fundamental information about gait pathology presented by this video. All Partners agreed for this proposition.

- SUT presented different options of e-learning platform (commercial or non-commercial). Next step is to do comparison analysis. SUT will prepare such an analysis.
- SUT presented most important issues connected to financial part of the project, also reminded about future obligations connected to preparation of reports to European Commission with the use of Mobility Tool+.

The impact part of the project was discussed. SUT highlighted that an important role in impact was presenting by AWF the project aims and assumptions to the Ethical Commission, that agreed for preparing video materials with patients. FPM mentioned about the possibility to spread information about project within Italian Association of Physiotherapy.

In the context of project impact SUT reminded about the planned evaluation of project outcomes by external experts (after implementation of training content to e-learning platform). AWF declared that possible reviewers will be the authorities of The National Chamber of Physiotherapists (KIF) in Poland (KIF is a professional self-government, bringing together all Polish physiotherapists with the right to work as a physiotherapist). Including KIF into external evaluation of SMARTtherapy+ educational tool will be a huge part of impact activities taking into account the fact that information about the project could be spread among all physiotherapists in Poland (72.000 beneficiaries).

- FPM presented the tasks schedule for the preparation of the Multiplier Event 3 to be held in the autumn. SUT proposed that the ME3 can have hybrid form with online participation of Polish students.



- **Study visit to the John Paul II "Pod Tężniami" health resort clinic in Ciechocinek.**

On June 6th, 2022 in the John Paul II "Pod Tężniami" health resort clinic the second study visit took place in Ciechocinek. This time the aim of the meeting was to gather materials for the evaluation of the organization of physiotherapist's workplace and the analysis of physiotherapist's body position at work.

The meeting was attended by: representatives of the SMART Therapy+ project: Joanna Bartnicka, Patrycja Kabiesz, Agnieszka Ziętkiewicz, clinic representatives: Agnieszka Lorenc, Rehabilitation Manager, Michal Dylewski, specialist in the Research and Development Laboratory of the Motor System as well as Prof. Magdalena Hagner - Derengowska who is scientifically involved in physiotherapy.

**Visit programme:**

9:00 AM	Meet with the Rehabilitation Manager and discuss the plan for the visit.
9:30 AM	Getting acquainted with the infrastructure of the John Paul II Health Resort Clinic "Pod Tężniami".
10:30 AM	Observation of physiotherapists' work during treatments.
11:30 AM	Conduct an interview with the Rehabilitation Manager to obtain information about the physiotherapist's workday planning in terms of time organization and use of available facilities.
12:00 AM	The physiotherapist's indication of the most frequent forced positions occurring during treatments for patients with gait dysfunction.
1:00 PM	Meeting with the Board of the John Paul II Health Resort Clinic "Pod Tężniami".
1:30 PM	Lunch.
2:30 PM	Completion of the Dortmund List questionnaire developed to identify occupational risk factors for physiotherapists.
3:30 PM	Breaking.
5:00 PM	Dinner and summary of work carried out.

The collected material will be used to develop training materials included in: module 2 Methodological approach to gait physiotherapy, unit 3 Ergonomics and workflow in gait physiotherapy as part of the ongoing SMARTtherapy+ project.





#### 4. Collaboration with external entities for the project

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Since the beginning of the project, FPM regularly maintains a direct contact with the National Italian Association of Physiotherapists, AIFI <https://aifi.net/>, and in particular with the Scientific Board of the Association. This action is expressly addressed to achieve the main target groups of the Project (physiotherapist professionals and academic teachers in the gait analysis field), with the objectives to promote the Project activities among the main national hub of Physiotherapists at the Italian level (nearly 5.600 members) and to check matching interests of the Association members in the project objectives and their possibility to be involved into Project activities.

In July, FPM shared the third News Letter and Dissemination report to Dr. Maurizio Petrarca, to make him aware about the running of the activities concerning the project.

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